

CORONA VIRUS

There is currently a lot of uncertainty and confusion being experienced as the COVID-19 situation develops.

Sherwood Prime Care is keeping fully updated with developments relating to the continued spread of [Coronavirus \(COVID-19\)](#) across the UK. We are routinely monitoring developments, reviewing our procedures, and preparing appropriate responses as the situation evolves. We are committed to ensuring all steps are taken to protect the health and wellbeing of all our staff and customers.

We continue to work closely with local health authorities and care regulators in order to protect colleagues and customers and maintain service delivery.

Advice for prevention

The best way to prevent infection and spread is to avoid being exposed to it. You can help to prevent the spread of any respiratory outbreak by doing the following:

- Wash your hands often with soap and water for at least 20 seconds.
- Always wash your hands when you get home or into work
- Use hand sanitiser gel if soap and water are not available
- Cover your cough or sneeze with a tissue, then throw the tissue in the bin straight away, or sneeze into the bend of your elbow, then wash your hands.
- Avoid close contact with persons who have respiratory illness symptoms.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Clean and disinfect frequently touched objects and surfaces.
- If you are unwell, stay at home and contact the 111 Coronavirus helpline (valid in all countries of the UK)
- If you are asked to self-isolate please follow the [NHS Advice](#)

We have pulled together some useful links that might answer any questions or concerns you may have relating to the virus, prevention or support.

NHS

For information on what to do if you think you're infected, or what steps to take to prevent infection, see advice published by the NHS: www.nhs.uk/conditions/coronavirus-covid-19/

WORLD HEALTH ORGANISATION

WHO have provided some useful advice for the general public:
www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public

AGE UK

For COVID-19 information, advice and support relating directly to older people, please see: www.ageuk.org.uk/information-advice/health-wellbeing/conditions-illnesses/coronavirus/

GOV.UK

Want to know the Government's latest advice for home care providers? www.gov.uk/government/publications/covid-19-management-of-exposed-healthcare-workers-and-patients-in-hospital-settings/covid-19-management-of-exposed-healthcare-workers-and-patients-in-hospital-settings

Here's some guidance on shielding for people who fall into the extremely vulnerable category: www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19

QUESTIONS YOU MAY HAVE

Q. *What will happen if I become Covid-19 positive?*

A. You will still receive your care visits as you normally would. The only change would be that we restrict the number of carers who attend your calls and change the way we dispose of used PPE (Personal Protective Equipment).

Q. *I do not have access to the internet. How can I obtain the above information?*

A. Please contact us and we will print any information you would like and post it to you.

Q. *If I have any worries, can I contact you to explain my concerns?*

A. Yes of course. You can ring on 01909 512127 anytime with any questions you have. We are here to help you. Together we will get through this!